Camper Name _____

WHAT TO BRING TO MT. HOOD KIWANIS CAMP

Count items packed and record number under the "from home" column. The numbers in parentheses are suggested amounts. Plan for all types of weather and cool nights. Pack functional clothing but **do not pack highly valued clothing or equipment.** Mt. Hood Kiwanis Camp is not responsible for lost or damaged items.

PLEASE BRING THIS SHEET TO CAMP

CLEARLY MARK CAMPER'S FIRST INITIAL AND LAST NAME ON ALL BELONGINGS!

Count the clothing worn to camp too.

From Home	Counted at Camp Sun	Fri		From Home	Counted at Camp Sun	Fri	
_____	_____	_____	Underwear (6 changes)	_____	_____	_____	Soap and container
_____	_____	_____	Tennis shoes	_____	_____	_____	Toothbrush and toothpaste
_____	_____	_____	Sturdy Shoes/boots suitable for hiking	_____	_____	_____	Comb/brush
_____	_____	_____	Tee Shirts (4)	_____	_____	_____	Shampoo
_____	_____	_____	Warm long-sleeved shirts (3)	_____	_____	_____	Deodorant (for teens and older)
_____	_____	_____	Sweatshirts/Sweaters	_____	_____	_____	Razor and shaving cream if used
_____	_____	_____	Socks (6 pairs)	_____	_____	_____	Adult/child attends or “diapers”
_____	_____	_____	Jeans/long pants (3)	_____	_____	_____	_____
_____	_____	_____	Shorts (3)	_____	_____	_____	_____
_____	_____	_____	Swimsuit		Suggested Items if Helpful		
_____	_____	_____	Aqua shoes or socks	_____	_____	_____	Camera and film
_____	_____	_____	Cap or hat	_____	_____	_____	Timers
_____	_____	_____	Raincoat/poncho	_____	_____	_____	Boots/shoes with heels for riding
_____	_____	_____	Rainy weather footgear	_____	_____	_____	Musical instruments
_____	_____	_____	Old heavy coat	_____	_____	_____	Pre-addressed envelopes w/stamps
_____	_____	_____	Warm pajamas (2-4 pair)	_____	_____	_____	Blanket
_____	_____	_____	Bag for dirty clothes/bedding	_____	_____	_____	Battery powered night light
_____	_____	_____	Warm sleeping bag	_____	_____	_____	Flashlight
_____	_____	_____	Extra sleeping bag or bedding camper wets at night	_____	_____	_____	Music players with ear phones
_____	_____	_____	Pillow		Adaptive Equipment		
_____	_____	_____	Sun screen-REQUIRED	_____	_____	_____	Eating utensils
_____	_____	_____	Insect repellent	_____	_____	_____	Hearing aid
_____	_____	_____	Sunglasses	_____	_____	_____	Communication board
_____	_____	_____	Bath towels (3)	_____	_____	_____	Recharging packet
_____	_____	_____	Wash cloth	_____	_____	_____	Ear plugs
					_____	_____	Braces
					_____	_____	_____
					_____	_____	_____

Special menu foods: We do not provide specialty foods such as gluten free.

Do not pack money, candy, knives, axes, radios, etc.