



Contact: Terri Hammond, Marketing Director
Terri@mhkc.org
www.mhkc.org
971.230.2921

Mt. Hood Kiwanis Camp is proud of our history, bringing quality outdoor adventures to nearly 16,000 children and adults who, despite cognitive, developmental or physical disabilities that include Autism Spectrum Disorder, Down Syndrome, Traumatic Brain Injury, and Cerebral Palsy, can enjoy recreational activities adapted to their special needs -- adventure courses, fishing, hiking, horseback riding, canoeing, cookouts, arts and crafts, swimming, dances and river rafting. Adaptations range from incorporating systems that compensate for limited limb strength to offering communication devices to support those with speech challenges. Our programs annually serve more than 500 campers ages 10 to 55 (and older) who join us each season from every county in Oregon. While the majority of our campers come from throughout Oregon, we have also had campers from Washington, Idaho, Hawaii and Alaska.

We offer award-winning unique and innovative opportunities not available elsewhere in the community. For example, we have an adventure course with multiple elements that include, in part: a zip line; a rock climbing wall; and a team-building exercise where campers are lifted through an intricate web of roping. Successful completion of the adventure course provides an overwhelming sense of accomplishment for campers and rare youth leadership opportunities. Our campers experience freedom; they soar, or as camper Renae told us: *"At camp, I can fly."*

PORTLAND OFFICE
10725 SW Barbur Blvd, Suite 50
Portland, OR 97219
p 503 452 7416 f 503 452 0062

CAMPSITE
US Forest Service Rd 2639
83500 E Kiwanis Camp Rd
Government Camp, OR 97028
p 503 272 3288 f 503 272 0260

www.mhkc.org